

MINDFUL MATTERS: EDI RESOURCE LIST

Equity, Diversity, Inclusion:

Articles

20 Ways Leaders Can Improve Workplace Diversity, Equity And Inclusion

<https://www.forbes.com/sites/forbeshumanresourcescouncil/2023/11/16/20-ways-leaders-can-improve-on-workplace-diversity-equity-and-inclusion/?sh=4329f20267b4>

The Five Stages of DEI Maturity: <https://hbr.org/2022/11/the-five-stages-of-dei-maturity>

Diversity doesn't stick without inclusion, Harvard Business Review, February 1, 2017, Lauren Sherbin and Ripa Rashid <https://hbr.org/2017/02/diversity-doesnt-stick-without-inclusion>

A guide to allyship: <https://guidetoallyship.com/>

Books

Belonging: The Key to Transforming and Maintaining Diversity, Inclusion and Equality at Work, by Kathryn Jacob, Mark Edwards, and Sue Unerman

Deep Diversity: Overcoming Us Vs. Them, by Shakil Choudhury

Gender:

Articles

<https://www.mckinsey.com/featured-insights/diversity-and-inclusion/women-in-the-workplace>

From the Globe and Mail: Microaggressions at work take a heavy toll: Exhaustion, humiliation, burnout - https://www.theglobeandmail.com/business/article-microaggressions-at-work-take-a-heavy-toll-exhaustion-humiliation/?utm_source=Shared+Article+Sent+to+User&utm_medium=E-mail:+Newsletters+/-E-Blasts+/-etc.&utm_campaign=Shared+Web+Article+Links

Race/Racism/ Anti-Racism:

Books

Diversity, Equity and Inclusion: Strategies for facilitating conversations on race, by Caprice Hollins and Ilsa Govan

How to be an Anti-Racist, by Ibram X. Kendi

So you want to talk about race, by Ijeoma Oluo

White Fragility & Nice Racism by Robin D'Angelo

Videos

Deconstructing white privilege: <https://www.youtube.com/watch?v=Dwlx3KQer54>

Anti-Racism Resources/Strategies:

- <https://www.canada.ca/en/canadian-heritage/campaigns/anti-racism-engagement.html> (Canada's Anti-Racism Strategy)
- <https://experiencescanada.ca/anti-racism-conversations/anti-racism-resources/>
- <https://psacunion.ca/anti-racism-resources> (Public Service Alliance of Canada)

Discrimination/Harassment:

Articles

Canadian Centre for Occupational Health & Safety:

<https://www.ccohs.ca/topics/wellness/violence/>

What is a microaggression by Business

Insider: <https://www.businessinsider.com/microaggression-unconscious-bias-at-work-2018-6>

2SLGBTQ+/Gender Identity/Sexual Orientation:

Books

Gender: Your Guide, by Lee Airton

Website:

Understanding pronouns: <https://lgbtlifecenter.org/pronouns/>